

CERTIFICATE

OF PARTICIPATION

This is to certify that

David Langford

Has successfully participated & completed the

4km Eastern Nights Trail Run

held at The Lake Club, Benoni.

TIME 00:22:12

PACE 05:33/km

OVERALL 10 of 73

50 ·

GENDER 8 of 35

50 - 59 3 of 7

01 August 2019, Thu

Date



Bout Time
Signature